



## TEXAS VETERINARY MEDICAL FOUNDATION Pet Loss Resource Guide

Pets are members of the family, constant companions, teachers, gentle leaders and special friends. They deserve our utmost respect because that is what they offer us with no strings attached. Dogs and cats teach adults and children alike about the meanings of empathy, compassion, responsibility, unconditional love and self-worth.

While grief is the normal, healthy and natural response to loss, pet grief counseling can encourage grievers to dispel common myths and misinformation, identify and express their feelings of loss in a safe and supportive environment.

The death of a pet can bring with it many of the same intense, painful, profound feelings associated with the loss of a beloved human being.

### **HOTLINES**

SPCA of Texas  
214-461-5131  
All messages are returned within 24 hours.

### **SUPPORT GROUPS AND COUNSELORS**

#### **Austin**

Phoenix Thriving, PLLC  
Nicole Vykoukal, LMSW, RYT  
3400 Kerbey Lane Box 55  
Austin TX, 78703  
512-413-3648  
[www.phoenixthrivingaustin.com](http://www.phoenixthrivingaustin.com)

#### **Dallas**

SPCA of Texas  
8411 Stacy Road  
McKinney, TX 75224  
(214) 461-5131 (All calls are returned within 24 hours.)  
<https://www.sPCA.org>



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**Houston**

Pet Bereavement Counseling Services  
Lynn Davidson, M.Ed., L.P.C.  
2400 Westheimer, Suite 209W  
Houston, TX 77098-1305  
(713) 522-8344

**Humble**

Sinead Lancaster  
Lancaster Practice Support  
300 Main St.  
Humble, TX 77338  
(713) 268-6734

**Flower Mound**

Diane Pomerance, Ph.D.,  
2221 Justin Road  
PMB #217, Suite 119  
Flower Mound, Texas 75028,  
(972) 966-8993  
<http://www.animalcompanionsandtheirpeople.com/bio.html>

**Frisco**

Kellie "Casey" Cook  
(903) 502-0515  
<https://caseycooklpc.com>

**Pearland**

Wanda Eckersley MS, LPC, NCC  
2217 North Park Avenue  
Pearland, Texas, 77581  
281-997-8400

**Plano**

Nancy Jensen  
2121 W. Spring Creek Parkway Suite 111  
Plano, TX 75023  
214-919-4983  
<http://www.nancyjensencounseling.com>



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**San Antonio**

S.A.P.P.Y. Pet Loss/Grief Support Group of San Antonio  
6800 Evers Road (Horizon Church)  
Contact: Julie Wiley (210) 216-0920

**Southlake**

Certified in Pet Loss & Grief Companionship  
Coleen A. Ellis, CT, CPLP  
605 Warrington Lane  
Southlake, TX 76092  
317-966-0096  
<http://www.TwoHeartsPetLossCenter.com>